

What is the L.E.T.S. Program?

This program is designed to increase self-reliance and confidence by providing training, resources and education in order that our students can live more independently in the community.

The Arc Mid-South's Life, Education, Training, Skills (L.E.T.S.) Program launched in August of 2011. The L.E.T.S. Program is designed to provide training, resources, and education to individuals with intellectual and developmental disabilities. Students are enrolled in classes and receive training in the following key areas:

- G.E.D. Test Preparation
- Money Management
- Benefits Planning
- Sex Education
- Job Readiness
- Health & Wellness
- Nutrition
- Literacy Education

Classes are held on Tuesday through Thursday from 9:00 a.m. to 12:00 p.m. Job training classes are held on Wednesday from 1:00 p.m. to 3:00 p.m. Program fee is \$25.00 per week.



Become an effective public speaker



Build academic abilities



Learn real world job experience



How do I Enroll?

Applications for the L.E.T.S. Program are accepted on an ongoing basis and are available online and at The Arc offices.

In order to provide the most comprehensive life skills curriculum classes possible, the L.E.T.S. Program does require tuition of \$25 per week or \$100 per month and there are limited scholarships and/or financial assistance available. Class tuition covers books, supplies, maintenance fees, and any additional resources to assist with the program.

Once enrolled in the program, each student must attend a scheduled class orientation. During the orientation, students and/or parents will have the opportunity to familiarize themselves with the program more in-depth, as well as any rules and/or regulations that must be followed for the duration of the classes.

For more information please contact The Arc Mid-South.

