

## ***A Camp to Remember!***

The Arc Mid-South hosted its annual 8 day overnight summer camp July 22<sup>nd</sup> through July 29<sup>th</sup> at Pinecrest Conference and Retreat Center in Moscow, TN. Designed for individuals with intellectual and developmental disabilities, the respite summer camp allows an opportunity for campers to interact with their peers, enjoy a fun and relaxing vacation, while promoting independence.

The camp consisted of 28 campers as they participated in outdoor ventures, such as softball, tug of war, volleyball, kickball, swimming, nature walks, marshmallows blazing over a bonfire, creativity through artwork, and a host of other activities. Other favorites included a talent show where the attendees showcased their many talents - singing, dancing, and instrumental renditions.

The summer camp was a positive experience for individuals to explore and interact with nature to stimulate senses and facilitate learning. Camps provide positive developmental environments especially with regards to the development of supportive relationships, and in skill building.

The Arc Mid-South's summer camp is held annually, and is geared toward individuals with intellectual and developmental disabilities, ages 8 and older. This also allows an opportunity for the parents to enjoy an extended period of respite, while knowing that their loved one is enjoying a safe, comfortable summer camp experience.



**Summer Camp 2015**

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