

# My Voice, My Choice!

## Self-advocacy Support Group

- ◆ Come share your stories
- ◆ Discuss your challenges
- ◆ Empower other individuals with disabilities by sharing what works for you.
- ◆ Learn how to advocate for yourself and others!

***The Arc Mid-South, Suite 205***

***12:45 p.m. - 2:00 p.m.***

August 28th  
September 25th  
October 30th  
November 20th  
December 18th

Refreshments will be provided

RSVP to Liesl Becker at [lbecker@thearcmidsouth.org](mailto:lbecker@thearcmidsouth.org)  
or 901-507-8573

One time \$5 membership fee



  
**The Arc.**  
Mid-South

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*Achieve with us.*