



Empowering individuals with intellectual and developmental disabilities to achieve their full potential

Parent Testimonial

The Arc Mid-South has been a lifesaver for me... I first heard about respite camp about 10 years ago, but I was not comfortable sending Jeremy away alone. About 4 years ago, a friend talked me into trying it. That first weekend was extremely hard for me. — I cried all the way to the camp and all the way home, then stayed in bed all weekend moping... On Sunday, when I rushed to pick up Jeremy, he had the biggest smile on his face! He had actually enjoyed the weekend! I was also pleased to see the friendly faces of the staff. They were extremely positive and assured me that he was a great candidate for the camp. From that day forward, he has attended almost every respite camp. Each time I pick him up, friendly faces and genuine attitudes greet me. My son loves the camp and staff. He also has become more social with his peers. My only regret is that I didn't start him sooner. Having a weekend for myself frees me up to do things for myself and spend time with my peers.



I truly thank God for The Arc Mid-South, its programs and staff!

Karen Ball