

## **Elder Care**

The Arc Mid-South provides care to older adults through the Aging Commission of the Mid-South. This program enables us to assist seniors in Shelby, Fayette, Tipton, and Lauderdale Counties.

## **Adult Care**

Adult Care (Sitter Service) provides a period of relief for the caregiver away from their care giving responsibilities. It affords caregivers the opportunity to tend to personal matters or just have the opportunity to rest.

## **Homemaker Services**

Services consisting of general household activities and chores and errands essential to the consumer's care are provided by a trained homemaker when the consumer is unable to perform such activities.

## **Personal Care Services**

These services assist the consumer with activities of daily living and other essential activities that enable the consumer to remain in the home. As an alternative to nursing facility care, services include the following:

- Assistance with activities of daily living (e.g., bathing, personal hygiene, toileting, feeding, dressing).
- Assistance with maintaining a safe environment.



